



CAREER HORIZONS

INCREASING MOTIVATION, LEARNING
AND ACHIEVEMENT BY DEVELOPING
A STUDENT'S 'SELF-UNDERSTANDING'



THIS IS A ONE TO ONE CAREER COUNSELLING
SERVICE FOR YOUR STUDENTS UNDERTAKEN BY
SMSC4SCHOOLS, FOR THE ESSEX AND SUFFOLK AREAS.

Career Horizons is an SMSC4SCHOOLS one to one career counselling service for students, enabling them to explore their individuality whilst considering the type of work or career through which this individuality might have the freedom to express itself.

- Increase motivation, learning and achievement by developing 'self-understanding.'
- Raise student aspirations and self-belief.
- Explore passions, interests, and strengths.
 - Identify individual skills and abilities.
- Examine personal and work-related values.
 - Encourage students to assess blocks and bridges to enable them to realise their vision for a future career.
- Create structured action plans targeted toward achieving a desired goal or career pathway.

This is a one to one peripatetic career counselling service by SMSC4SCHOOLS for the Essex and Suffolk regions, designed around your school's requirements (3 to 4 one hour sessions required per student).

Students complete a robust evaluation of the process to demonstrate impact of the career counselling experience on a student's motivation, attitude to learning and their desire for future achievement.



SMSC4SCHOOLS is created by Richard Brock—a former Head of Religion and Ethics for 15 years, who has been successfully 'unpacking' creating and delivering spirituality focused activities for young people throughout his career as both teacher and trainer, nationally and internationally. Richard is a trained career counsellor and life coach.



Who am I?

When do I feel most 'at my best', in my 'flow' or in my 'zone'?

What skills are you using during these experiences?

Conditions

Skills

List 'conditions' which make this 'at best' experience enjoyable, i.e. working independently, being creative or working in a team.

Making food
camping
Working with animals
Reading
being around others
Mountain climbing
travelling on transport

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What do I 'envy' most in others?

Although envy is generally considered a negative quality, it can instruct us about the things we desire for ourselves

Make a list of 6 qualities you envy in others... (e.g. being a specialist in something)

Work in a zoo
Act serious or comedy roles in films or on TV
Plan community activities for the disabled
Organise a concert in aid of charity
Study money markets for investors
Give assistance to young mothers in childbirth
Sell holidays and tours in a travel agency

Read through the list, given the chance, which of these would you love to do?

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What are your work 'values' or the things which might be important to you in future work?

Very Important
Important
Not Important

Status
Money
Help others
Risk
Know self
Challenge
Leading
Stability
Problems Solving
Creativity
Independent work
Social benefits
Quality of life
Work/life balance
Variety

Values I would seek in a work place.

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Plant and care for trees, shrubs or houseplants
Work in a zoo
Act serious or comedy roles in films or on TV
Plan community activities for the disabled
Organise a concert in aid of charity
Study money markets for investors
Give assistance to young mothers in childbirth
Sell holidays and tours in a travel agency

Read through the list, given the chance, which of these would you love to do?

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Contact Us For More Information

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SMSC4SCHOOLS has been praised for its ethos of providing a high quality service at affordable prices for schools. The cost of the Career Horizons one to one student career counselling will need to be discussed directly with enquiring schools, with regard to contractual arrangements. However, typically, a student can receive 4 hours of professional career counselling for a total cost to the school of just £150.00.